

An international project aiming to support parents to support children involved in sport.



## Udvikling af integritet og moral: Nyttige artikler

Vi håber at informationen på vores side har været med til at hjælpe dig til at forstå de mange fordele der er forbundet med at dyrke sport. Vi håber også at du har fået indblik i hvad du kan gøre for at hjælpe dit barn med at håndtere nogle af de udfordringer der er forbundet med udvikling af integritet og moral. Hvis du ønsker yderligere information om disse emner er du velkommen til at kigge på følgende artikler:

- The World Anti-doping Agency code, with specific links to the details relating to the sport federation/national governing body for each sport: <https://www.wada-ama.org/en/code-signatories#GovernmentFundedOrganizations>
- Benefits of sport participation for children, from PYDSportNet: [http://www.positivesport.ca/wp-content/uploads/2016/10/PYD-SportNET-Summary\\_Benefits-of-sport.pdf](http://www.positivesport.ca/wp-content/uploads/2016/10/PYD-SportNET-Summary_Benefits-of-sport.pdf)
- Why kids should play sports by Team USA: <https://www.youtube.com/watch?v=jvQJLmt8BH8>
- Kids talk sport: Why should kids play sport? <https://www.youtube.com/watch?v=-H0dpyKzWUs>
- Encouraging good sport conduct in athletes by Jennifer Waldron; <http://www.appliedsportpsych.org/resources/resources-for-coaches/encouraging-good-sport-conduct-in-athletes/>
- World Anti-Doping Agency parents' guide to supporting clean sport: [https://www.wada-ama.org/sites/default/files/html5/edu\\_parents\\_cleansport/en/?page=1](https://www.wada-ama.org/sites/default/files/html5/edu_parents_cleansport/en/?page=1)

Hvis du har udfordringer ved at få adgang eller ønsker mere information er du velkommen til at sende en e-mail på engelsk til [info@sportparent.eu](mailto:info@sportparent.eu).

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## Forskning omkring udvikling af integritet og moral i sport

Større og større fokus er kommet på hvilke fordele og ulemper der er ved deltagelse i sport. Derfor forsøger mange forskere rundt om i verden at skabe større forståelse for begge af disse områder. Nedenfor har vi listet nogle relevante artikler, som kan være nyttige:

- Erickson, K. et al., (2017). Doping in sport: Do parents matter? *Sport, Exercise, and Performance Psychology*, 6, 115-128. <http://eprints.leedsbeckett.ac.uk/3172/3/Doping%20In%20Sports%20-%20Do%20Parents%20Matter.pdf>
- Shields D. L. et al., (2015). Predictors of poor sportspersonship in youth sports: Personal attitudes and social influences. *Journal of Sport & Exercise Psychology*, 29, 747-762. <https://pdfs.semanticscholar.org/c350/fa7c00d934f999a11e74ef732f72724c5ce7.pdf>
- Neely, K. C., & Holt, N. L. (2014). Parents' perspectives on the benefits of sport participation in young children. *The Sport Psychologist*, 28, 255-268. [https://www.researchgate.net/profile/Kacey\\_Neely/publication/268389551\\_Parents'\\_Perspectives\\_on\\_the\\_Benefits\\_of\\_Sport\\_Participation\\_for\\_Young\\_Children/links/546a4a290cf2f5eb180779d2/Parents-Perspectives-on-the-Benefits-of-Sport-Participation-for-Young-Children.pdf](https://www.researchgate.net/profile/Kacey_Neely/publication/268389551_Parents'_Perspectives_on_the_Benefits_of_Sport_Participation_for_Young_Children/links/546a4a290cf2f5eb180779d2/Parents-Perspectives-on-the-Benefits-of-Sport-Participation-for-Young-Children.pdf)
- Fraser-Thomas, J. L., et al., (2005). Youth sport programs: an avenue to foster positive youth development. *Physical Education and Sport Pedagogy*, 10, 19-40. <https://pdfs.semanticscholar.org/6b91/33c7ae678958fefb7feba03b1984a95d234d.pdf>
- Holt, N. L. (2016). *Positive youth development through sport* (2<sup>nd</sup> Ed). Routledge. [https://books.google.com/books?hl=en&lr=&id=8Z\\_DCwAAQBAJ&oi=fnd&pg=PA21&dq=Positive+youth+development+through+sport&ots=qODI4S2mfS&sig=6qAYE-KjVpQ132ufYKck9cc9q1w#v=onepage&q&f=false](https://books.google.com/books?hl=en&lr=&id=8Z_DCwAAQBAJ&oi=fnd&pg=PA21&dq=Positive+youth+development+through+sport&ots=qODI4S2mfS&sig=6qAYE-KjVpQ132ufYKck9cc9q1w#v=onepage&q&f=false)

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