

An international project aiming to support parents to support children involved in sport.



Forældre rolle og ansvar: Nyttige links

Forhåbentlig har oplysningerne på vores hjemmeside hjulpet dig til, at forstå nogle af de roller og ansvarsområder, der er forbundet med at støtte børn involveret i sport. Hvis du gerne vil vide mere, kan du tjekke nedenstående links:

Rådgivningsskemaer til forældre i sport fra børnebeskyttelsen i sportsenheder, UK:

<https://thecpsu.org.uk/help-advice/topics/parents-in-sport/>

En forældre guide produceret af familier I sportslaboratoriet, USA:

http://www.usufamiliesinsportlab.com/uploads/2/3/5/3/23535918/parent_guide_fall_2014.pdf

Icoachkids – en hjemmeside rettet mod trænere, men med gavnlige viden for forældre:

<http://www.icoachkids.eu>

Sport for livet i Canada – massere af information for forældre omkring forskellige meners:

<http://sportforlife.ca/portfolio-view/sport-parents-guide/>

Changing the game project – et amerikansk baseret program som forsøger at løse udfordringer i ungdoms sport:

<http://changingthegameproject.com/about/>

Et program fra New Zealand, som fokuserer på udviklingen af den gode sports oplevelse:

<http://aktive.org.nz/Aktive-Lab/Good-Sports>

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Parents' Roles and Responsibilities: Research

Given the important role parents play within youth sport, researchers around the world have spent decades studying this topic. Below are links to a few research papers that have explored the different roles and types of involvement that are desired from parents:

- Dorsch, T.D. et al., (2016). Parental involvement in young athletes' intercollegiate athletic careers: Developmental considerations and applied recommendations. *Journal of Intercollegiate Sport*, 9, 1-26. https://www.researchgate.net/publication/304368023_Parent_Involvement_in_Young_Adults%27_Intercollegiate_Athletic_Careers_Developmental_Considerations_and_Applied_Recommendations
- Elliott, S. K. et al., (2017). The experiences of being a talented youth athlete: Lessons for parents. *Journal of Applied Sport Psychology*, Latest articles. https://www.researchgate.net/publication/319914682_The_Experiences_of_Being_a_Talented_Youth_Athlete_Lessons_for_Parents
- Elliott, S. K. et al., (2017). Parents in youth sport: What happens after the game? *Sport Education and Society*, 3, 391-406. https://www.researchgate.net/publication/276418952_Parents_in_youth_sport_what_happens_after_the_game
- Harwood, C.G., & Knight C. J. (2015). Parenting in youth sport: A position paper on parenting expertise. *Psychology of Sport and Exercise*, 16, 24-35. https://www.researchgate.net/publication/261370874_Parenting_in_youth_sport_A_position_paper_on_parenting_expertise
- Knight et al., (2011). Parental behaviors in team sports: How do athletes want parents to behave? *Journal of Applied Sport Psychology*, 23, 76-92. https://www.researchgate.net/publication/241722449_Parental_Behaviors_in_Team_Sports_How_do_Female_Athletes_Want_Parents_to_Behave
- Knight et al., (2015). Parental involvement in elite junior slalom canoeing. *Journal of Applied Sport Psychology*, 28, 234-256. https://www.researchgate.net/publication/283699724_Parental_Involvement_in_Elite_Junior_Slalom_Canoeing
- Knight & Holt (2014). Parenting in youth tennis: Understanding and enhancing children's experiences. *Psychology of Sport and Exercise*, 15, 155-164. https://www.researchgate.net/publication/259160588_Parenting_in_Youth_Tennis_Understanding_and_Enhancing_Children%27s_Experiences
- Thrower, S. et al., (2016). Educating and supporting tennis parents: A grounded theory of parents' needs during childhood and early adolescence. *Sport, Exercise and Performance Psychology*, 5, 107-124. https://www.researchgate.net/publication/301717637_Educating_and_supporting_tennis_parents_A_grounded_theory_of_parents%27_needs_during_childhood_and_early_adolescence

If you have any problems accessing these or would like any further information please feel free to contact us at info@sportparent.eu.